

FARR WEST REC CENTER

FALL/WINTER ACTIVITIES

(Rec Center Fall/Winter hours will start Oct 1st)

Dance

(Tues)4:00 - 8:00pm (Wedns)4:00 - 8:00pm

Flag Football (youth 1st - 6th grade)

Aug 30th - Sept 29th (Tues/Thurs)

Basketball

Weber County comp league Oct/ Nov (Mon/Wedns/Thurs) 6:00 - 10:00pm

Weber County comp league Jan/Mar (Tues/Thurs) 6:00 - 10:00pm

Farr West Girls rec league Oct 24 - Dec 8 (Saturdays)

Farr West Boys rec league Jan-Mar (saturdays)

High School league boys Jan-Mar (Saturday afternoon's)

Tennis

Fall session Sept 24th - Oct 22nd (saturdays)

Zumba classes

Mon 5:30am

Tues 8:00pm

Thurs 8:00pm

Fri 5:30am

TRX Fitness

Thurs mornings 5:30 am

Open gym/practice times (*times will vary or change depending on usage)

(Monday) 3:00 - 6:00pm

(Tues) All day

(Wedns) 3:00 - 6:00pm

(Thurs) 3:00 - 6:00pm

(Fri) All day