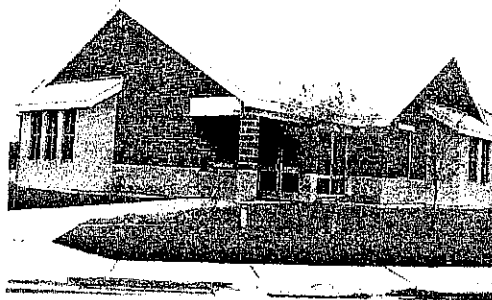


1896 N 1800 W  
 Farr West, UT  
 801-782-3497  
 Director-Shauna Jensen

# Farr West Senior Center Newsletter

# MARCH



# 2010

## Menus

## Schedule of Activities

1st  
 Vegetable Meatloaf/Gravy  
 O'Brien Potatoes / Wheat roll  
 Cauliflower w/ pimento  
 Sour cream fruit salad  
 Lorna Doone cookies

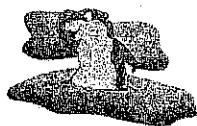
8th  
 Chili con Carne  
 Chuck wagon corn  
 Carrot pineapple salad  
 Fruited Tapioca pudding  
 Cornbread w/ honey butter

15th  
 Turketi / Cheese  
 Broccoli & Cauliflower  
 Cherry Pineapple almond gelatin  
 Ice cream / Potato roll

17th BIRTHDAY DINNER  
 Irish Corned beef / Dilly roll  
 Parsley buttered potatoes  
 Seasoned Cabbage  
 Shamrock Pear Gelatin Salad  
 Emerald Isle cookie

22nd  
 Chicken parmesan  
 Fettuccini noodles / dinner roll  
 Oregon Bean Medley  
 Broccoli coleslaw  
 Cheesecake / Cherry topping

29th  
 Macaroni Beef Bake  
 Parmesan Cheese  
 Green Beans / Potato roll  
 Tossed salad w/ dressing  
 Iced Pumpkin bar



Every Monday:

9:00 Painting  
 9:00 Foot Clinic - Mar 1st  
 9:00 Quilting  
 9:30 Line Dancing  
 10:00 Blood Pressure: Mar. 8th  
 10:30 Wii Gaming available  
 11:30 Lunch (2.50)  
 12:00 Bingo

Monday, March 8th

11:30 Advanced Directives

Tuesday

Mar. 2nd and 16th

10:15 Wii Bowling Tournament

Every Wednesday:

9:00 Ceramic

9:30 Stained glass class

10:00 Sewing class

10:30 Computer class

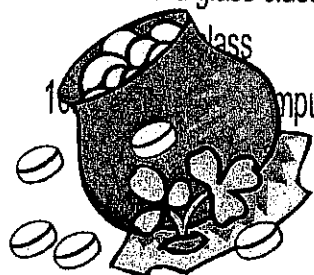
Wednesday Mar. 17th - Birthday Dinner

5:00 PM. \$3.00 Signup and Pre-pay

AUCTION: BREADS, CAKES, CANDY, ETC.



Rosalyn Malan  
 Irene Groberg  
 Margaret Nelson  
 Shauna Jensen  
 Beverly Cramer  
 Jessie Healey  
 Joan Conrad  
 Joseph Fisher  
 Grant Geilman  
 Keitha Geilman  
 Gary Brinkmeyer  
 Boyd Fisher  
 Gary Huckaby  
 Karen Vinzant  
 Mary Ellen Gehrke  
 Harold Taylor



Newsletter by: Paula Rasmussen  
 Spotlight by: Keitha Geilman